



January 2024

Houston Gateway Academy Lunch K-8 HGA

			<p>Lunch Entree Teriyaki Chicken Rice Bowl</p> <p>Vegetables Diced Carrots Corn</p> <p>Fruit Diced Peaches</p>	<p>Lunch Entree Beef Crumbles Pizza</p> <p>Vegetables Brown Sugar Glazed Diced Carrots Collard Greens</p> <p>Fruit Apple Juice</p>
<p>Lunch Entree Mini Chicken Corn Dogs</p> <p>Vegetables Crinkle Cut Fries Green Beans</p> <p>Fruit Craisins</p>	<p>Lunch Entree Bean & Cheese Pupusa</p> <p>Vegetables Sautéed Corn & Peppers Cucumber Slices</p> <p>Fruit Orange</p>	<p>Lunch Entree Breaded Chicken Parmesan Sandwich</p> <p>Vegetables Broccoli</p> <p>Fruit Red Apple Slices</p>	<p>Lunch Entree BBQ Chicken Drumstick</p> <p>Vegetables Pinto Beans Breaded Okra</p> <p>Fruit Diced Peaches</p>	<p>Lunch Entree Turkey & Beef Pepperoni Pizza</p> <p>Vegetables Parmesan Diced Carrots Broccoli</p> <p>Fruit Apple Juice</p>
	<p>Lunch Entree Chicken Fajita Walking Taco</p> <p>Vegetables Pinto Beans Corn</p> <p>Fruit Orange</p>	<p>Lunch Entree Beef Bulgogi with Rice</p> <p>Vegetables Diced Carrots Broccoli</p> <p>Fruit Red Apple Slices</p>	<p>Lunch Entree Chicken Parmesan Penne Pasta</p> <p>Vegetables Green Beans Collard Greens</p> <p>Fruit Diced Peaches</p>	<p>Lunch Entree Deep Dish Cheese Pizza</p> <p>Vegetables Brown Sugar Glazed Diced Carrots Broccoli</p> <p>Fruit Apple Juice</p>
<p>Lunch Entree BBQ Chicken Tender Sandwich</p> <p>Vegetables Crinkle Cut Fries Green Beans</p> <p>Fruit Craisins</p>	<p>Lunch Entree Beef Tamales</p> <p>Vegetables Pinto Beans Corn</p> <p>Fruit Orange</p>	<p>Lunch Entree Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & French Toast Sticks</p> <p>Vegetables Sweet Potato Hash Sautéed Peppers & Onions</p> <p>Fruit Red Apple Slices</p>	<p>Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes & Corn</p> <p>Fruit Diced Peaches</p>	<p>Lunch Entree Turkey & Beef Pepperoni Pizza</p> <p>Vegetables Broccoli Diced Carrots</p> <p>Fruit Apple Juice</p>
<p>Lunch Entree Turkey Hot Dog</p> <p>Vegetables Wedge Cut Fries Green Beans</p> <p>Fruit Craisins</p>	<p>Lunch Entree Beef & Bean Red Chili Burrito</p> <p>Vegetables Pinto Beans Corn</p> <p>Fruit Orange</p>	<p>Lunch Entree Korean Chicken Rice Bowl</p> <p>Vegetables Green Beans Corn</p> <p>Fruit Red Apple Slices</p>		

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.